

tatachilla NEWS

25 YEARS | TATACHILLA
lutheran college



Term 1 | Week 9 | Friday 27 March 2020



from the **COLLEGE PASTOR**

“What is happening to our world?” we might ask. The answer is: “What is happening is what has happened many times before.” And we will see this through.

Pandemics, epidemics, plagues, are all part of history's and nature's unfolding, and have been noted as far back and beyond biblical times. Even in the 20th and 21st centuries, many of us have witnessed during our lifetimes the epidemics of SARS, Swine Flu, Ebola, HIV/AIDS (to name a few). But perhaps never an epidemic this close to home. This can feel frightening, but should also be considered not unusual, nor a cause for panic.

Not being able to control our world, or even what happens to our own bodies, can be a new experience for many. So much of contemporary society is based on the expectation that we can control our world, that we can control our financial security, and that we can defeat any illness that might beset our bodies. These are, of course, modern myths, but can appear to be true due to the unprecedented but limited control we have gained over such things in recent times. The reality is that we are still vulnerable to natural disasters, accidents, financial meltdowns, incurable illnesses, and the inherent unpredictability of being human, and human beings.

So, 'do not fear'.

It was not Jesus who first said these words, but Moses and Isaiah back in the Old Testament days. Deuteronomy 31:8 “He will never leave you nor forsake you, so not be afraid; do not be discouraged” and Isaiah 43:1 “God says – ‘Don't fear, for I have redeemed you; I have called you by name; you are Mine.’” Later Jesus developed these words into his core teaching about how his followers can be living within the faith-mind and not just within the volatility of externally lived life: “Do not worry about your life... Who of you by worrying can add a single hour to his life? Since you cannot do this very little thing, why do you worry about the rest?” (Luke 12:22-26)

Therefore, the very best we can do in our role as leaders to the community is to show our inner peace (God given peace) on our outside so others can see it. This has the twin effect of allowing us peace, and the giving of peace to the many souls around us who are troubled.

This disruption to our control is also a good opportunity to reassess what is important to us and within our lives. In the old days people were called to 'repent' in times of trial or sickness. The word 'repent' has unfortunately taken on the incorrect translation of needing to 'stop being bad and start being good'. It does not mean that. To repent literally means to 'turn around', to rethink what we might have taken as worthwhile and significant (eg grabbing at wealth or looks) and begin a path of life that is not just based around the ego-self. Those who take this other path inevitably find a new and simpler life they never knew existed, but is so much better.

For those interested in further reading, below is a link to an article about Lutheran thinking in times of pandemic which, coincidentally, was an experience of Martin Luther in his own time and place 500 years ago in Germany.

<https://www.patheos.com/blogs/geneveith/2020/01/martin-luther-on-the-coronavirus/>

Blessings and peace,

Pastor Jon Goessling
COLLEGE PASTOR



from the **PRINCIPAL**

Dear Tatachilla community,

How the global world, including our community, has drastically changed since our last edition of the Newsletter! I strongly encourage you to read Pastor Jon's reflection at the start of this edition, as we seek to find hope and solace in a time of increased anxiety and confusion.

I thank the College community for your support, patience and encouragement during these challenging times, especially students and parents who have followed our requests and maintained the changed conditions that are now in place on our site. These decisions are never taken lightly, but we seek to continue to provide a learning environment that can be safe and healthy for all members.

In particular, on your behalf, I want to thank our staff. They too have families and the same questions that many of you will no doubt have been asking yourselves over the last fortnight. Nevertheless, they also remain committed to your children, and we will, for as long as we can during this time of COVID-19, seek to provide educational experiences that engage and enrich your child. I am so appreciative of their ongoing efforts in the midst of uncertainty, the dedicated time they have put in to preparing for what may come next, while maintaining a sense of calm and peace each day 'on the ground'.

Our leaders have been, and continue to be, spectacular in their efforts to deliver learning either here at Tatachilla or in a new remote platform. As a community we are fortunate to have a professional and focused staff team – thank you all.

Communication in regard to the College response and impact on our operations continue to be emailed to all families and located on our webpage:

www.tatachilla.sa.edu.au

While we are trying to limit the amount of times we send you an email, there are times this is necessary to get you quick and reliable information. It is important to note that we will communicate when we are sure we have reliable and factual information, again to avoid publishing information which later needs correction. I hope to date these communications have been useful.

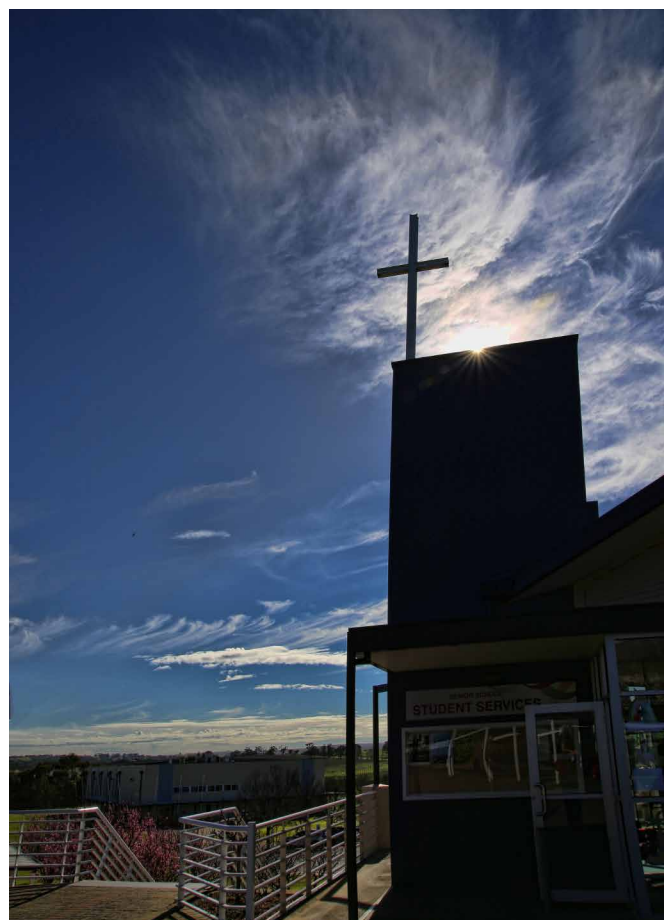
I have not published further information here in the Newsletter as I am sure by the time we go to 'print', the advice will again change. Please keep an eye out for our email communications and refer back to our website for all other previous communications.



My prayers are with you all during these times – please be sensible, follow Government advice and stay healthy. Where you have a capacity to remain home, we encourage you to do so. I look forward to welcoming everyone back onsite in the future – that will be a day of excitement and much greeting!

Yours in Christ,

Mr Cain McDonald
PRINCIPAL





from the head of JUNIOR SCHOOL

CHANGES TO KISS AND DROP ZONES

This week the kiss and drop zone on California Road opened for use and it was great to see the early adopters pulling up, unloading their school bags, musical instruments and other necessities, having a quick hug and kiss, and then heading off.

Parents are asked to use either the kiss and drop zone near the Year 1/2 building, or California Road, as a social distancing measure. Staff are on hand to ensure the children make it safely to their classrooms.

We also ask that children do not play on the playground after school. With the need for social distancing, we ask that families leave the College grounds as soon as possible after the bell. Children should not be directed by their parents to wait for them on the playground. Thank you for your cooperation in this matter.

Mr John Dow
HEAD OF JUNIOR SCHOOL

BUILDING POSITIVE CLASSROOM COMMUNITIES

At the start of a new school year, building community is the focus for the first few weeks of term in all Junior School classrooms. This is an important time for children and teachers to establish a positive environment and classroom culture for the rest of the year. In the current climate, if and when the school does need to close, it will be more important than ever for our children to remain connected with their teacher and with each other. We will be aiming to continue this sense of community through our remote learning.

WHAT IS A COMMUNITY?

People's sense of community is not based on where they live but on the relationships they have with the people where they live, and on their sense of belonging. (Block, 2008; McMillan & Chavis, 1986)

A community is;

- a group of people who are alike
- who share the same environment
- who have strong connections
- who feel some sense of belonging or interpersonal connection

A good community;

- takes pride in each other and their environment
- is a safe, cohesive and happy place
- has a sense of shared responsibility

HOW SUCCESSFUL GROUPS ARE FORMED

The four steps of group formation are;

- **Forming:** When the group first gets together, people tend to be cautious with one another and are careful with what they say and what they do.
- **Storming:** The barriers start to break down as individual personalities manifest themselves. People start speaking up, conflicts arise, and energy levels increase.

- **Norming:** The conflict begins to settle down as the group starts to work out its kinks, as all the individuals begin to adapt to one another. Groups need guidance to get there, but it usually helps that the group will start to see successes because of successful co-operation.
- **Performing:** A well-functioning group can get a lot done. They're able to communicate effectively and take action successfully. Their productivity kicks into high gear and they can accomplish much together.

Teachers have spent invaluable time this term building group norms and positive classroom culture. Once the classes' group norms have been established, they are maintained through regular reinforcement and reflection.

ESSENTIAL AGREEMENTS

Each class has created an essential agreement to set the tone for collaboration, teamwork and behaviour in the classroom. The children and teachers created agreements together and considered things like; what helps us learn best? What do we as learners value? What does the school value and what do our learning principles and school mission say? What do we want learning to look like, sound like and feel like in our classroom? What will we do when and if a problem arises? These agreements are revisited often throughout the school year and adjusted if necessary.

CIRCLE TIME

All classes have been establishing circle time as a way to check-in with each other and monitor the social and emotional climate of the classroom. During circle time all children are given the opportunity to have a voice.

The main aims of circle time are to;

- develop a supportive classroom community
- increase social and emotional skills for all children
- increase connectedness, resilience and wellbeing

You might like to have a discussion with your child about their essential agreement. If you would like more information, please contact your child's Classroom Teacher.

Ms Lindee Hopkins
ASSISTANT HEAD OF JUNIOR SCHOOL: STUDENT WELLBEING



from the JUNIOR SCHOOL

YEAR 2 EXCURSION TO ADELAIDE ZOO

The Year 2s feel extra blessed that we were able to have an excursion to Adelaide Zoo early this term. In line with our Science unit on animal life cycles, students divided into groups and demonstrated cooperation skills as they decided which animals they would like to see.

Students should be proud of the way they problem-solved and compromised throughout the day. It was exciting to hear lively group discussions about the uniqueness of each animal. Some students also tried to classify the animals they visited into animal groups (mammal, bird, fish, amphibian, reptile and insect) by applying what we have been inquiring about in class.



Some animal highlights were visits to the hippos, tortoises, sea lions, penguins, lions, crocodiles, seahorses, meerkats, pandas and red pandas. We were also fortunate to be able to participate in a Zoo Educator-led session on the life cycle of a stick insect, a frog and a blue tongue lizard.

A huge thank you to our parent helpers who came along and ensured that we had a safe, successful and happy day at the zoo.

**Mrs Eunice Sweet, Mrs Helen Dorling and
Mrs Catherine Galdes**
YEAR 2 TEACHERS



from the **MIDDLE SCHOOL**

TREES FOR LIFE POSSUM BOXES

This year Tatachilla has done a really great job of offering more opportunities for students at the College to become immersed in nature. Amber and I are two Year 9 students who have always had a passion for the environment and do everything in our power to make a difference in our world and protect our future on this planet.

After the recent devastating bushfires that raged through Australia during the Christmas holidays, the College has formed a 'Trees for Life' program aimed at revegetation and plant propagation amongst the community and surroundings. In particular Kangaroo Island, where we plan to focus our attention to help recover this area of South Australia which was seriously affected by the fires.



On Wednesday 4 March, we met for our first official meeting after school in the EcoClassroom. During this time we were able to discuss our ideas and visions for the program. We discussed a variety of different topics including; saving the bees, planting seedlings, visiting KI and creating habitats for endangered native Australian species. Following our discussions, we ventured up to the Wood Technology area where we spent the rest of our afternoon creating nesting boxes.



The boxes that we made will be delivered to various locations along the Fleurieu including Cape Jervis, Kangaroo Island, and Deep Creek Conservation Park. A lot of native animals were seriously affected during the fires and the boxes are about creating a place for habitat and breeding to occur. We made big ones for Red-Tailed Black Cockatoos and small ones for cute little Pygmy Possums. It was a great experience.

We plan on meeting once a month so make sure that if you're interested you come along to our next session.

A big thank you to all the teachers involved including Mr McElligott, Miss Lock, Mrs White, Mr Maiden, Mr Quiniones and an extra big thank you to Ms Lawrence.

Remember to look after our planet, we only have one.

Bella Kolencik
YEAR 9 STUDENT



from the **SENIOR SCHOOL**

AISSA (ASSOCIATION OF INDEPENDENT SCHOOLS OF SOUTH AUSTRALIA) COMMENCEMENT SERVICE

Year 12 students **Lucy Newman** and **Lexie Denton**, Deputy College Captain and College Captain respectively, attended the 2020 AISSA Commencement Service to welcome new leaders. This was held at Walford Anglican School for Girls.

We are so proud of our student leaders for representing our College so well at this service. Well done Lucy and Lexie.

AHOMINGS (ASSOCIATION OF HEADS OF MUSIC IN NON GOVERNMENT SCHOOLS) MEETING

Lucy Newman and **Megan Tiller** attended the AHOMINGS (Association of Heads of Music in Non-Government Schools) meeting as Music Leaders at Immanuel College on Wednesday 26 February, Week 5.

SENIOR SCHOOL HOUSE CAPTAINS

We would like to acknowledge our amazing student House Leaders for their hard work, enthusiasm and dedication on their final Sports Day at Tatachilla Lutheran College. Whilst Emerald won on the day, we truly believe that all our leaders are winners!

Mrs Marylyn Marshall
HEAD OF SENIOR SCHOOL



Emerald House Senior School Captains
Hayley Brown and **Sarah Burns**



Sapphire House Senior School Captains
Kelli Nijhuis and **Billy Smith**



Topaz House Senior School Captains
Ellie Corner and **Jessica Swayn**



Ruby House Senior School Captains
Isabel Palmer and **Marc Williamson**

YEAR 12 FORMAL

Friday 21 February 2020, Serafino Winery, McLaren Vale



around the **CAMPUS**

COUNSELLING AND MENTAL HEALTH CARE PLANS

From the beginning of the school year, we at Tatachilla Lutheran College have worked to create a comprehensive guide to Counselling to provide Wellbeing support for students as they navigate their pathway through the school.

At times, students may need additional external support, for which parents/caregivers are encouraged to speak to their General Practitioner. Your GP can work with you to write a Mental Health Treatment Plan and refer you to a mental health specialist, such as an allied health professional (psychologist, social worker or occupational therapist) or psychiatrist.

WHAT IS A MENTAL HEALTH CARE PLAN?

A mental health care plan is a support plan for someone who is going through mental health issues. If a doctor agrees that a person needs additional support, the doctor will make the plan with the child and parent/caregiver. The plan looks at your mental health needs and goals, and outlines treatment options and support services to reach those goals.

A mental health care plan might include:

- A referral to an expert, like a psychologist
- The types of mental health care that can support you
- Other strategies to improve and maintain your mental health, like tips for a healthy headspace

<https://headspace.org.au/young-people/tips-for-a-healthy-headspace/>

If a person has a mental health care plan, the Government will pay some or all of the cost of up to ten sessions with a mental health expert in a year. Individuals can access this through their Medicare rebate.

WHAT DO I DO TO GET A MENTAL HEALTH CARE PLAN?

First, book an appointment with a doctor. When you book, tell them you want to talk about a mental health care plan for your child. That way, the doctor will know in advance and be able to set enough time.

Before going to the appointment, it's a good idea to write down a list of the things you or your child wants support with. A list is a really helpful memory prompt and a good backup thus removing some of the stress that your child may be experiencing.

At the appointment, you and your child will need to talk to the doctor as openly as possible about what's been going on. They are trained to listen, and except, in some special circumstances (which you can ask them about beforehand), what you tell them is confidential.

The doctor might ask you/your child to fill out a questionnaire about how they've been feeling to work out the best support for them.

A lot of GPs will ask you to come back for another appointment before they decide whether a mental health care plan is the right thing for a young person.

In some situations, a GP might refer a person to a psychiatrist (a doctor who specialises in mental health) or a paediatrician (a doctor who specialises in young people) for a clearer diagnosis.

WHAT SUPPORT CAN WE GET?

Expert support can empower a person to make big changes to how they feel and cope. Having someone to help find strategies to work through stuff will make a person better at managing life's ups and downs. Types of support an individual may be able to get with a mental health care plan include:

- One-on-one sessions with a Psychologist
- Group Psychologist sessions
- Sessions with a social worker or another allied health practitioner.

It is important to remember an individual won't be able to get a referral for all ten sessions for the year in one go. A plan will cover an individual for six sessions initially. After that, you can go back to the doctor for a review, where you/your child will talk about whether it would be helpful to have another four sessions.

Mrs Rona Spicer
COLLEGE COUNSELLOR



R-3 SPORTS DAY

What an amazing 2020 R-3 Sports Day we had. It was so wonderful to share the day with so many parents and friends and I know that their support, especially throughout the morning games session was appreciated enormously. Thank you to those who helped with scoring and assisting with the smooth operation of running events as well as to those who greatly added to the atmosphere with their cheering and positive support of all the students. We all really loved having you there and sharing the day with us.

Sports Days are a wonderful opportunity to share in the fun learning of the children. It was so wonderful to see all the genuine joy and delight on the children's faces as they celebrated being active and having fun. A day to treasure.

It was also equally wonderful to see our Year 6 College Captains, **George Terry** and **Anna Goad**, alongside our House Leaders, **Rhett Read**, **Ruby Hutchesson**, **Ewan Rowe**, **Addison Jones**, **Friedrich Hillen**, **Emily Hart**, **Isaac Afonso** and **Sienna Lawrence**, really shine in performing their leadership duties.

My heartfelt thanks go out to all of them for their incredible help and support. They all worked tirelessly on the day and in doing so massively contributed to how smoothly the day ran.

Sports Days are also a great way to allow some of our individual students to shine with a skill or talent they may have. The following two students did just that by breaking past records. **Jayden Smith** created a new record in the Year 1 Boys' 50m Sprint with a time of 8.75 seconds, whilst **William Gordon** took out the same distance for the Year 2 Boys in a time of 8.11 seconds. Congratulations boys, a super speedy effort by both of you.

The final results for the day were as follows:

Emerald	362
Topaz	302
Sapphire	290
Ruby	258

Thank you to everyone for making this another memorable and wonderful R-3 Sports Day.

Mrs Fiona Gore
JS PE SPECIALIST



YEARS 4-6 SPORTS DAY

YEARS 4-6 PRE-SPORTS DAY TRACK EVENTS

Well we were all praying for perfect running conditions and God certainly delivered. With the weather working perfectly in our favour and the children all determined to do their best it is little wonder that so many records fell throughout the day. The following students are to be greatly commended for their outstanding individual achievements:

Rhett Read for taking out the Year 6 Boys' 200m record in a time of 29.75 seconds and the 400m in a time of 1.11.00 minutes.

Emily Hart for the Year 6 Girls' 200m in a time of 31.78 seconds.

Kade McNamara for taking out the Year 4 Boys' 200m in a time of 31.22 seconds and the 400m in a time of 1.17.46 minutes.

Isabella Smith for setting a new record in the Year 4 Girls' 200m in a time of 29.75 seconds.

Anna Goad for taking out the Year 6 Girls' 400m in a time of 1.14.62 minutes, and;

Grace McAvaney for setting a new record in the 800m for Year 5 Girls, in a time of 3.08.50 minutes.

It was a day to be extremely proud of as students nominated to run the longer distances of 400m and 800m for their House to earn extra points as well as demonstrating excellent behaviour choices, remaining seated in their allocated House areas as a collective team. Outstanding sportsmanship was also on display showing enthusiasm for not only their own team competitors but also in actively supporting all who were competing to encourage them to get over the line.

Thank you to parents and friends who came out in support, and to all my amazing JS team for helping ensure the day ran smoothly.



YEARS 4-6 SPORTS DAY

With the oval all set up and whole school House team gatherings completed, the Years 4-6 2020 Sports Day commenced with great enthusiasm. The day started with our athletic field events and clearly the place to be was at the long jump pit with five of the possible six records to fall! Congratulations to the following students who clearly know how to jump long distances;

Year 4 Girls: **Sophie Hrstich**, 3m 37cms.

Year 4 Boys: **Kade McNamara**, 3m 66cms.

Year 5 Boys: **Jamie Holata**, 3m 80cms.

Year 6 Girls: **Emily Hart**, 4m 42cms.

Year 6 Boys: **Rhett Read**, 4m 39cms.

Throughout the morning another record also fell with **William Garnett** taking out the Year 5 Boys' Shot Put with a distance of 7m 7cms.

Following our field events came the thrilling sprint races. Congratulations to all the multitude of runners who placed in either 1st, 2nd or 3rd to not only achieve points for their teams but also for an excellent individual effort. **Kade McNamara** and **Rhett Read** however require special mention taking out their respective year level records, with Kade completing the 80m sprint for Year 4 Boys in 11.44 seconds, and Rhett the Year 6 Boys' 100m in 14.13 seconds. This was to be both Kade and Rhett's 4th record over the past two days!

The all-inclusive afternoon games brought out a great atmosphere with teams eagerly cheering their House home before we headed off to the Senior School for the concluding Years 4-12 relay and closing ceremony.

The final results for the day were as follows:

1st Emerald	1376
2nd Ruby	1120
3rd Topaz	987
4th Sapphire	825

Thank you again to all my amazing Year 6 leaders of **Anna Goad, George Terry, Rhett Read, Ruby Hutchesson, Ewan Rowe, Addison Jones, Friedrich Hillen, Emily Hart, Isaac Afonso** and **Sienna Lawrence** who not only competed themselves throughout the two days, but worked tirelessly behind the scenes supporting myself in the set-up, pack up and smooth operation of the whole event. Your help and positive attitude was wonderful to work with.

Mrs Fiona Gore
JS PE SPECIALIST



YEARS 7-12 SPORTS DAY

On Friday 13 March Tatachilla celebrated its annual Years 4-12 Sports Day.

On a cooler day compared to previous years, students enjoyed a day full of House spirit, competitive athletic events and novelty events.

The Senior Sports Day began with the traditional 'House Oval March'. Students wore their brightest House colours and costumes and marched as a team to their House song.

The day was officially opened by Mr McDonald and students then began competing in a number of individual events. On the day we saw a number of amazing performances with a number of records broken.

Boys

Year 7, 200m
Year 8, High Jump
Year 9, 800m
Year 10, Javelin
Year 10, Long Jump

Liam McCurrach: 28.75 sec
Seth Read: 1.65m
Angus Hincksman: 1 min 28.36
Hugh Daniell: 35.87m
Rohan Smith: 5.82m

Girls

Year 9, 400m
Year 9, Javelin
Year 10, Triple Jump
Year 11, 100m
Year 11, 200m
Year 11, 400m
Year 11, 800m
Year 11, Long Jump
Year 11, Triple Jump
Year 12, Triple Jump

Grace Deacon: 1 min 04.03
Jade Deacon: 24.80 min
Jade Deacon: 9.48 min
Jordan McMillan: 12.62 sec
Jordan McMillan: 26.19 sec
Jordan McMillan: 1 min 01.09
Paige Cranage: 2 min 37.72
Jordan McMillan: 5.32m
Evie Ryan: 9.40m
Alex Lawrence: 9.30m

We also wish to recognise and congratulate our year level champions. These students achieved the highest number of points for their year level.

Year 7 Girls: **Emily Steele**
Year 7 Boys: **Patrick McDonald**, equal with;
Year 7 Boys: **Liam McCurrach**
Year 8 Girls: **Charli Faulkner**
Year 8 Boys: **Harry Armstrong**
Year 9 Girls: **Grace Deacon**
Year 9 Boys: **Nicholas Schroder** equal with;
Year 9 Boys: **Nathan Harwood**
Year 10 Girls: **Abby Middleton**
Year 10 Boys: **Samuel Plaice**
Year 11 Girls: **Jordan McMillan**
Year 11 Boys: **Alexander Berzins** equal with;
Year 11 Boys: **Jack Tonkin**
Year 12 Girls: **Kelli Nijhuis**
Year 12 Boys: **Joshua Van Den Broeke**

At the end of the day, the Houses came together to complete the Years 4-12 School Relay and watch the Year 12 Tug Of War. The students completed their House cheers with Topaz being awarded for the very first time the House Spirit Award. Mr McDonald finalised the day announcing the mighty Emerald Eagles winners of the High School trophy closely followed by Topaz, Ruby and Sapphire. This year was the closest the Senior School Houses have ever been in final points, with Emerald only just scraping in with a win by 28 points. The combined Junior School and Senior School trophy was also won by Emerald followed by Ruby, Topaz and Sapphire.

Thank you to all the staff who assisted with running the day and the parents and friends who came along to support the event.

Miss Tonia Fielke
YEARS 5 - 12 SPORT COORDINATOR



calendar
DATES

Term 1 Week 10

Friday 3 April

Final day of Term 1 -
Extended School Holidays

Term 1 Week 11

Monday 6 - Thursday 9 April

Student Free Days - Staff Training

Friday 10 April

Good Friday

Sunday 12 April

Easter Sunday

Monday 13 April

Public Holiday

Please continue to read information emailed to you from the College for the latest arrangements for the coming weeks.

You can also access up to date news on our website at:

<https://www.tatachilla.sa.edu.au/news/latest-news?article=5234561>



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Interested in purchasing fresh, organically grown produce just around the corner from the school?

Grow & Harvest provide fresh organically grown produce at reasonable prices. With options to customise orders or to sign up for a weekly \$20 or \$35 bag of veggies (10% more veggies are provided in weekly bags). Produce is available to pick up from the garden or delivery is available in the surrounding suburbs for \$5. A list of available seasonal veggies is sent via text message each week to help you customise your order.

Come visit us at the garden & check out the produce, the gate is **open** on **Wednesdays 3pm – 6pm.**

To be added to the order list or for more information call or message Bec on 0476 507 288 or email info@growandharvest.com.au . You can also find us on Facebook or Instagram, details below.

Grow & Harvest is more than a market garden. We not only grow healthy food for the community, but also run workshops, school holiday programs, have volunteer opportunities & give back to families who need a hand through Foodbank SA.

To **follow** the **garden as it grows** find us at:



www.facebook.com/growandharvestAUS/



[growandharvestsa](https://www.instagram.com/growandharvestsa)

