TATACHILLA

# tatachilla NEWS

Term 1 Week 4 | Thursday 23 February 2023

## from the head of **JUNIOR YEARS**

Over recent years, the Junior School leadership team has been working to shape the Junior School in a direction that best serves the families that have chosen Tatachilla with the care of their children.

The beliefs and values that our teaching and learning, and wellbeing programmes rest on, are based on the best available, evidenced-based research and data. Currently, Lindee Hopkins, Wellbeing

Coordinator, is leading staff professional development sessions on proactive wellbeing strategies including 'Zones of Regulation'. Lindee then subsequently supports teachers in their classrooms to put new strategies into practice. We are also investing in our literacy curriculum through training in Playberry Multisensory Literacy and Macqlit intervention programmes. These programmes will ensure we remain current in our teaching and wellbeing practices and cater for a wide range of student needs.

The development of consistent approaches from Reception to Year 6 ensures that each year of schooling builds on the one before it. Terms used to describe classroom community expectations are used in all classrooms across the Junior School. Additionally, year level cohorts take a similar path during the year so that the student experience is similar regardless of which class the child is in. This is supported by a strong culture of professional collaboration amongst the teaching staff which is enabled by the timetabling of collocated collaborative planning times so that teachers can plan together and be supported by the R – 6 curriculum leader, Amy Watson.

Our teachers and support staff are well equipped and resourced for their work and they experience a culture characterised by collegiality and collaboration. Last year the College introduced a Professional Development Week at the end of Term 2 to provide intentional and focussed time for all staff to come together for professional learning.



Our staff enjoy working at the College and experience high levels of professional growth and satisfaction.

It takes a village to raise a child and we are grateful that many families have chosen the College to be part of the village that raises their child. Your children are the reason the Junior School 'village' exists. We recognise that a close partnership with parents and carers is essential to providing the best education experience possible.

Thank you to everyone who came out in the heat last week for the Parent Information Night. We will distribute a survey so that you can give us some feedback on the evening. New initiatives that were shared included the Year 4 Instrumental Music programme which is being led by Peter Jewitt, Head of Music; and the Year 6 Canberra Tour which we are holding for the first time in Year 6. You may also have noticed changes to the Year 1 and 3 classrooms which now have glass panels and sliding doors between the classrooms and the shared area beyond. It allows much better supervision of children working in that area and a lot more lovely northern light into the classrooms.

I hope you will all be able to attend Twilight Food Affair on the evening of Friday 24 March. There is so much to look forward to in 2023.

#### Mr John Dow

HEAD OF JUNIOR YEARS

Tatachilla Lutheran College acknowledges that this school is built on the Traditional Country of the Kaurna People. We pay our respects to Elders, past, present and emerging. We recognise and respect their cultural heritage, beliefs, and relationship with the Land. The Land remains as always; a place of education, peace, care and nurture.

## from the JUNIOR SCHOOL

## THE RECEPTION CENTRE CELEBRATING CONNECTION!

One of the ways that we promote a nurturing learning environment across the Reception Centre is through the ways that we connect with one another. Our 'soft starts' in the morning welcome the Receptions into a gentle playbased learning environment where they can engage with activities that they connect with. Through circle time, the Receptions have begun developing their understanding of how they can connect with one another and what they can do to build a safe and calm space for each other. This connection carries out into school yard too, where these valuable connections are evident in the ways that they empathise, guide, and encourage one another. This term, the Receptions will continue to grow their understanding of connection through inquiries about how Aboriginal People connect to land, how they can connect and contribute to community and ways that they can continue to connect with their own families.

### Student Reflections: What does 'connection' mean to you and why is it important?

Connection means things that are the same. - Angus

Sometimes you can connect to another person by holding the same thing as them. – **Darcy** 

We can connect to each other by working together. - Julius

Connection looks like playing together. - Asher

Holding hands with somebody is connection. - Luca

Connection means putting something on top of something else, like putting one block of Lego onto another piece of Lego, to build something. - **Amy** 

Connection is twisting things together so that you can make new things. - Anderson

I think connection is putting wires together to make electricity. – **Jacob** 

We used mud to connect the bricks together when we build a fort in The Creek. - **Johnny** 

Connection is being loved. - Charlotte

Connection is like families being together. – **Zoey** 

Miss Courtney Orrin, Mrs Lindee Hopkins and Miss Maddy Russell RECEPTION TEACHERS









## from the JUNIOR SCHOOL

## TEACHING AND LEARNING IN THE JUNIOR SCHOOL

As the R-6 Teaching and Learning leader at the College, I partner with parents and support teachers and students to ensure every child experiences growth through quality, personalised teaching and learning. I work closely alongside the Wellbeing and Learning Enhancement teams to holistically support students.

At Parent Information Night I highlighted a new initiative for 2023 - our focus on literacy intervention and Tier 1 (whole class) reading and spelling instruction. These improvements are coming about as we delve into what research reveals about how brains best learn the "code" of the English language for reading and spelling. This research is a part of the extensive body of knowledge referred to as the "Science of Reading". Junior School staff are participating in training to build our knowledge and skills in multisensory, explicit direct instruction practices that have been shown to benefit all learners. We have also begun "MacqLit" intervention for students in Year 3 and above who need additional support, which complements our current "MiniLit" program in Years 1 and 2. Reader's and Writer's Workshops are still an important part of our English program. These allow students to apply their knowledge and skills, grow their vocabulary and comprehension, and develop a love of literature and voice as authors.

Because of our new routines, your child may come home with some new and interesting language around literacy learning. In classrooms, terms like 'phoneme' (the sound a letter or group of letters makes) and 'grapheme' (a written letter or group of letters representing a sound) can be heard as children decode words and unpack spelling patterns.



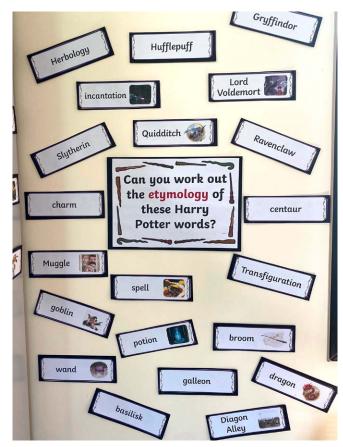
'Etymology' (the study of word origins) and 'morphology' (breaking down words into meaningful parts) define two types of spelling knowledge that help children recognise, learn and apply spelling patterns in their writing and reading. It has been exciting to hear students using this terminology to extend their learning, with one group even beginning to compile their own 'etymology dictionary'.

If you have an older child who has attended the Junior School in the past, you may notice changes in the types of reading material your child brings home if they are learning or consolidating the "code" of English. Decodable words, sentences, passages, and books provide children with the necessary practice in this area. Alongside this, we continue to promote a love of literature through adults reading aloud to children at home. Language comprehension, developed through listening to a wide variety of books, is a crucial element in the formula for how a child learns to read.

Our journey in this space is just beginning, and we look forward to sharing it with you as the year progresses.

#### Mrs Amy Watson

R-6 TEACHING AND LEARNING LEADER



## from the COUNSELLING TEAM



#### **SLEEP ROUTINES**

Getting enough sleep is essential for a child's health and well-being, yet many children struggle to establish a consistent sleep routine. As a parent, you can help your child develop a healthy sleep routine by following these tips.

First, set a regular bedtime and wake-up time, even on

weekends. This will help regulate your child's circadian rhythm and make it easier for them to fall asleep and wake up in the morning.

Next, create a relaxing bedtime routine that includes activities such as taking a warm bath, reading a book, or doing some gentle stretches. Encourage your child to avoid screens for at least an hour before bed, as the blue light can interfere with their sleep patterns.

It's also important to limit your child's intake of caffeine and sugar, as both substances can disrupt their sleep. Create a sleep-friendly environment by making sure your child's bedroom is dark, quiet, and cool. Lastly, model good sleep habits for your child. Make sure you're getting enough sleep yourself, and prioritise rest and relaxation as a family.

By following these tips, you can help your child establish healthy sleep habits that will promote their overall health and wellbeing. If your child is consistently struggling with sleep, don't hesitate to seek professional help from a paediatrician or sleep specialist.

Our Counselling team is available for student and parent support five days a week. We can be contacted by email or directly by phone on 7333 4781.

Sue Chapmansue.chapman@tatachilla.sa.edu.auMike Ebertmichael.ebert@tatachilla.sa.edu.au

Mrs Sue Chapman and Mr Mike Ebert COLLEGE COUNSELLORS

#### CAN YOU HELP? STUDENTS SEEKING SCHOOL-BASED/FULL APPRENTICESHIPS

We have a number of students who are seeking a school-based or full apprenticeship in the following trades:

- Electrical
- Carpentry
- Plumbing

If you can assist in providing apprenticeships, we would love to hear from you. Please contact Linda Wright for more information: linda.wright@tatachilla.sa.edu.au

Ms Linda Wright Careers/VET Coordinator

## from the **MUSIC DEPARTMENT**

#### **MUSIC A NO-BRAINER FOR YEAR 4S**

A new, free band program for children in Year 4 at Tatachilla Lutheran College is not only equipping students with skills in music, cooperation and concentration, but also enhancing their brain function.

Led by Director of Music, Peter Jewitt, the band program is now timetabled into the Year 4 curriculum and providing students with the opportunity to experiment with their own instrument and have access to musical training as part of their daily learning.

The aim is to immerse children in the dynamic world of music with a view to building their musicianship and passion for music while also enhancing their ability to plan, focus attention, remember, and juggle multiple tasks. These mental processes are known collectively as 'executive function', which is proven to be far more advanced in children who receive musical training.

"Scientific research tells us that children who play an instrument experience improved academic performance and an enhanced ability to persevere with tasks, regulate emotions, connect with others and bring themselves back from a distracted state," says Mr Jewitt.

"Music ignites 'fireworks' in the brain, igniting all three cortices, and forging faster and more effective neural pathways. This results in improved cognition, alertness, memory, fine motor skills and reasoning ability.

"We are at a point in time where music needs to be considered essential in human development, as important as taking your vitamins, eating your vegetables and breathing fresh air," Mr Jewitt says.

As part of learning music in an ensemble setting, our Year 4s are currently learning to share 'a common pulse', listen to each other's parts, identify when something is going wrong and take personal responsibility for fixing that problem. As they grow as musicians, they will be encouraged to do this with greater sensitivity and remain verbally and non-verbally supportive of the group.





"The skills our children gain during the band program will be transferable to all parts of their life, not just their schoolwork," says Mr Jewitt.

"Importantly, they will learn to care for their instruments over a long period of time and accept the responsibility and commitment that comes with this. Caring for something over a long period of time, and growing as a musician, engages the brain's reward network.

"Our children will experience the same feelings they get when they are recognised for having done something well. The rush of dopamine and adrenaline that this response triggers is also deeply motivating.

"Learning to play music is perfect for activating the reward network and experiencing feelings of pride and happiness on a daily basis."

While it generally takes years for children to learn how to read music fluently and to play the right notes at the right time, Mr Jewitt says that children in Year 4 are at the ideal age to begin a band immersion program of this type.

"The music team is very excited about this new initiative and can't wait to support our Years 4s on the next stage of their musical journey."

For more information on the impact of music on the brain, and the philosophy adopted by the Tatachilla music team, please visit **Bigger Better Brains**.

Mr Peter Jewitt DIRECTOR OF MUSIC

## from the ECO & FIRST NATIONS TEAM

#### ART IN THE ECOCLASSROOM SANCTUARY

The Year 7 art classes have visited the EcoClassroom Sanctuary as part of their unit in our local environment. Students explored the sanctuary and undertook drawing exercises 'en plein air' (the act of painting outdoors). Activities included close up viewfinder and line drawings observing the different forms and plant species.

The EcoTeam provided plant specimens and details for students to take inspiration from and learn about our local native flora. Students then produced closely observed pen drawings of the different species.

#### **10 CENT DEPOSIT CONTAINER SORTING**

Our College separates all of our eligible 10 cent containers which help raise funds for eco projects for students.

We sort the 10 cent containers into different categories: plastic, cans, and cartons. The recyclers need them separated into these groups for recycling. To do this, we enlist the help of small student groups who support this initiative, and they get to see first hand whether other students are, or are not, putting the right things in the right bins. This year we're looking forward to a focus on studentled recycling and litter projects around the College.





#### MARCH COMMUNITY EVENTS AT THE ECOCLASSROOM SANCTUARY

#### MOTION SENSOR CAMERAS

Come and learn how to use them to capture creatures

Saturday 18 March, 10.00am - 1.00pm, \$30 (subsidised), https://www.eventbrite.com/e/524357907617

Have you got something lurking in your garden? Want to identify it as a friendly native animal or pest species? Come and learn how to set up your camera, the best position, how to retrieve photos and much more!

### GROWING NATIVE PLANTS FROM SEEDS & CUTTINGS AT THE ECOCLASSROOM SANCTUARY

Monday 20 March, 6.30pm - 8.30pm, \$7 (subsidised), https://events.humanitix.com/growing-native-plants-2023

You'll be guided through the process of growing local native plants from both seed and cutting. We'll explore where to source seeds and cuttings, other equipment and processes, and even touch on where and when to plant your natives.

#### Ms Dani Austin

ENVIRONMENTAL EDUCATION COORDINATOR



## from the SPORTS FIELDS

#### YEAR 9 - 10 CRICKET

The Tatachilla 9-10 Cricket team took part in the T20 Knockout Schools Cricket Competition on Monday 20 February at Adelaide High School.

With the first game being played against Wirreanda High School, Tatachilla won the toss and elected to bat. After some early resistance from **Caleb Mitchell** and **Josiah Mitchell** Tatachilla had a middle order collapse, falling to 8/24 before Year 8 students; **Kian Labuschagne** (18) and **Daniel Oddie** (4\*) built a partnership to take the score to 9/56 at the end of the 20 overs. Defending a small total was always going to be a challenge, but Tatachilla started well with a wicket in the second over to **Hayden Mitchell**, however some strong power hitting from the Wirreanda openers was able to seal the game by nine wickets.

In the following game Tatachilla faced tough opposition from an experienced Adelaide High School team, who when batting first made a total of 4/198 off their 20 overs, wickets split amongst **Kian Labuschagne, Caleb Mitchell, Daniel Oddie** and **Josiah Mitchell**.

In the chase **Caleb Mitchell** played a lone hand, finishing on 20\* as the team fell in the 16th over all out for 58. Tatachilla's cricketers demonstrated good team spirit and resilience over the course of the day but weren't able to get the desired result this time.



#### CYCLING

Congratulations to **Isabel Cranage** (Year 9) who came second in the B-grade SSSA Cycling event held at Victoria Park on Tuesday 14 February. Well Done Isabel!

## **COMMUNITY SPORTS NOTICES**

### FIRST NATIONS NETBALL CLINICS

SUNDAY 30 APRIL 2023 SEAFORD 10 JANE STREET, PORT NOARLUNGA SOUTH

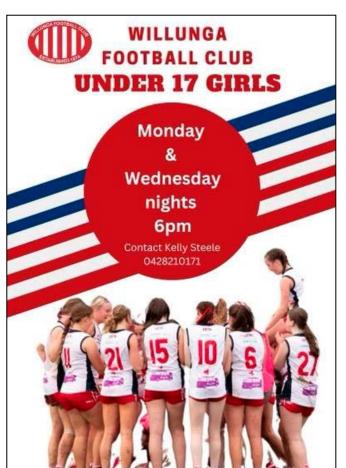
### AGE GROUP 7 - 12 YEAR OLDS 12.30PM - 2.30PM

AGE GROUP 13 - 17 YEAR OLDS 2.45PM - 4.45PM



SCAN THE GR CODE TO REGISTER FOR THE FIRST NATIONS NETBALL CLINICS.

TO FIND OUR MORE HEAD TO SA.NETBALL.COM.AU



### calendar DATES

#### Term 1 Week 5

Mon 27, Tues 28 Feb & Thurs 2 Mar Yr 12 Pathway Interviews

**Tuesday 28 February** Yr 7 Standards Day NAPLAN Practice Test

Wednesday 1 March R-12 Assembly, 9am Yr 8 Standards Day

Weds 1 - Fri 3 March Yr 7 Camp

Friday 3 March JS Chapel, 8.55am

#### Term 1 Week 6

Monday 6 March JS Leadership Meeting LESNW Student Leadership Day

Wednesday 8 March R-12 Assembly, SRC, 9am

Friday 10 March R-3 Sports Day 7-12 Assembly, 9am

#### Term 1 Week 7

Monday 13 March Public Holiday: Adelaide Cup

**Tues 14 - Fri 17 March** NAPLAN (Year 3, 5, 7 & 9)

Wednesday 15 March 7-12 Chapel, 9am

Thursday 16 March Yr 12 Outdoor Education Excursion

Friday 17 March JS Chapel, 9am

TERM DATES > COLLEGE CALENDAR > https://www.tatachilla.sa.edu.au/news/term-dates https://www.tatachilla.sa.edu.au/news/college-calendar





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tatachilla.sa.edu.au

TATACHILLA LUTHERAN COLLEGE

## FRIDAY 24 MARCH 2023 4.30PM – 9PM A magical night of family fun

LOCAL FOOD + WINE • CARNIVAL RIDES • LIVE ENTERTAINMENT • FIREWORKS • GOLD COIN ENTRY

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# Newsletter 🔗

### A message from your Coordinator

Hello, here we are just having finished Week 3 of Term 1

Week 3 was all about Quizzes and Questionnaires with Mia, Sienna, Olivia and Abigail, all contributing by adding a Quiz of their own, on a subject of interest to them – a resounding success, and we all learnt something new about music, musical instruments, singers, horses and Netball. Thankyou girls

Week 4 will be All Things Aussie, with heaps of outside activities(weather permitting), aboriginal group games, large floor games, obstacle courses, dancing and so much more. We will also include an EMU Walk around the areas adjacent to the OSHC Room, picking up rubbish, but also bark and other natural resources for painting and decorating activities.

Week 9 March 27-31<sup>st</sup> will see the revival of our Yearly Handball Competition, so please have mum or dad go online, have a read, check it out, and register if you are interested.

Welcome to Our new receptions, Ava, Oscar, Lilliana, Angus, Oliver, Zoe and Darcy who have all settled in well at OSHC, making new friends, learning lots of new things, and very much enjoying themselves.

Take care everyone and stay safe, Lin -OSHC Coordinator

### Activities coming

Week 4: All Things Aussie

Week 5: Getting Physical

And a special week coming up in Week 9 with the return of our Handball Competition

What's on the menu

Fruit Kebabs

Toasted Pita Bread Cheese Pockets

Assorted fruit and Veggie Platter every afternoon

#### It's free to register

' - To attend our program, you must register your - ' ' child. You can register an account with us at <u>pp.campaustralia.com.au</u> or by downloading our Camp Australia smartphone app from the Apple App Store or on Google Play. Once registered, it's easy to make bookings and manage your account.







#### Visit our blog

New articles are added each week for parents and cover various topics to help families.

Visit our blog



www.campaustralia.com.au

