

tatachilla NEWS



Term 3 Week 2 | Thursday 4 August 2022



from the **PRINCIPAL**

The start of Term 3 has seen a flurry of activity with students on retreats and camps, in swimming lessons, preparing for Aladdin Kids, the Junior Years College Musical, and of course, engaged in an exciting and wide range of onsite teaching and learning and co-curricular activities.

It was a joy to welcome our 20 mid year intake Reception students last week. There were a few tears (but mostly from parents!) and lots of excited students. Thank you to Mr Dow and our talented Reception years staff for making our families so welcome.

We also welcome our new members of staff who have joined us in Term 3 and I ask you join me in keeping them in your prayers.

Kelli Rose	Mid-Year Reception Teacher
Cody Needham	Technology Teacher
Aiva Mostert	Mathematics Teacher
Angie van Rooyen	Years 8-12 Learning Support Officer
Janine Radue	Year 1 Teacher, team teaching with Jayne Thelning
Ka Man Sin	Junior Years Japanese Teacher
Rebecca Sambell	Food Technology Teacher

NEW STAFF: TERM 3 2022



Kelli Rose



Cody Needham



Aiva Mostert



Angie van Rooyen



Janine Radue



Ka Man Sin



Rebecca Sambell

from the **PRINCIPAL**

OLD SCHOLARS REUNION

On Saturday 30 July our Old Scholars gathered with some members of College staff to celebrate their 10 Year Reunion. It is always a blessing to have our former staff and students gather together and reconnect.

ARMY CADETS RECOGNITION

During the term break, I received an email from Major Joe Warren, Commanding Officer of SA School Army Cadet Units to congratulate Year 12 student **Grace Johnson** for receiving the 'Stick and Sword Award' and a Gold Commendation as a Student of Merit in her Warrant Officer Course. This prestigious award recognises and acknowledges the course DUX from a very experienced field of participants. Congratulations Grace on your award which was received on your birthday as well!



Grace Johnson receiving her award

COVID UPDATE - MASKS

Please read the letter [here](#) regarding the wearing of masks in SA schools. Nicola Spurrier provides an important reminder to ensure your child stays safe and our College remains open and COVID free. Thank you to all community members for your patience and understanding during this difficult time.



Our Old Scholars gathering for their 10 Year Reunion

OLD UNIFORM DONATIONS

Members of the Uniform Committee met recently and a key agenda item was the ethical disposal of our old Tatchilla Lutheran College uniforms. The College has been in contact with our Lutheran Mission outreach agencies and has also received some additional suggestions from parents as to alternative agencies who will accept our donations. Please do not dispose of old uniforms via landfill. Old uniforms, in a clean condition, can be donated to our Junior, Middle and Senior Front Offices during school hours. Thank you to our parents who raised this issue and to all parents for your generosity of donation.

COLLEGE BOARD PLANNING

The College Board met last week to continue our spiritual, strategic, master, and financial planning. I conclude this article with an excerpt from a devotion I shared with the Board to start our meeting:

Let us gather in stillness.

It is in the stillness that we hear the ancient whisper of our indigenous sisters and brothers.

Let us gather in stillness.

It is in the stillness that we hear and respond to the cry of humanity.

Let us gather in stillness.

It is in the stillness of our heart that we honour all mothers who love us into existence.

Let us gather in stillness.

It is in the stillness of our heart that God is revealed to us in the pain and joy of humanity.

Let us gather, In stillness.

Mr Noel Mifsud
PRINCIPAL



from the head of **JUNIOR YEARS**

HOW TO ACHIEVE YOUR GOALS

This semester for the first time, we assessed Junior School children on the development of Executive Function Skills. The six skills assessed were:

1. **Self control:** the ability to think before you act and resist the urge to do or say something at an inappropriate time.
2. **Self regulation:** the ability to regulate and be in control of our emotions. It includes positively managing negative emotions.
3. **Sustained attention:** the ability to focus on one person or one task for a length of time. It includes paying attention even when the task is boring and working to avoid distractions that may get in the way.
4. **Perseverance:** having enough self-control to continue with something instead of giving up when things become difficult.
5. **Organisation** involves a system to organise and complete tasks. It involves organising workspaces or desks, trays and materials.
6. **Task initiation:** being able to begin work right away without procrastination, especially if it is a task you'd rather not have to do.

The four other skills, planning and prioritisation, meta-cognition, flexibility and working memory were not assessed.

At various times of the year, children set goals for themselves around developing and demonstrating their Executive Function Skills and we work with them to ensure that they are smart goals - Specific, Measurable, Achievable, Relevant and Time bound.

In addition to this, in response to a podcast I heard with Dr Amantha Imber, an organisational psychologist, we have started thinking about what more we can do to help children achieve their goals. The problem with goals is that they are set in the future and can inadvertently set you up to fail. Dr Imber proposed the idea of having 'systems' as the foundation and focus for achieving goals. Systems are daily choices or habits that move us in the direction of the goal. While there is an intrinsic reward when a goal is achieved, whenever a system is activated, ideally daily or regularly, there is a sense of immediate success and reward. Systems are regular, small, achievable nudges taking you the direction of your goals.

SUNSMART HAT POLICY REMINDER

Tatachilla Lutheran College is a SunSmart school, and to be recognised as a SunSmart school, hats must be worn from the beginning of Term 3 by students and staff. When the UV level is 3 or above, sun protection is recommended. Data of UV levels for the past few years shows that there are only a few days where the UV level is less than 3 in Term 3. Wearing a hat every day from the beginning of term, regardless of the UV level, helps children get into the habit of putting it on at each break. Additional information can be found at www.sunsmart.com.au. We appreciate the support of families in this matter.

Mr John Dow
HEAD OF JUNIOR YEARS

2023 & 2024 ENROLMENTS

We are currently undertaking enrolment interviews for our new 2023 Year 6 class and finalising enrolments for 2023 Reception and Year 7.

2023 Reception Mid-Year Intake, 2024 Reception and 2024 Year 7 enrolment interviews have also begun. Please enrol any new students now to secure your position. Existing students automatically roll over into the next year.

To enrol your child, please complete a Registration of Interest form which can be found on our website at:
<https://www.tatachilla.sa.edu.au/enrolments/how-to-enrol>

Enrolment enquiries: Mrs Christine Martin
t: 8323 9588 | e: christine.martin@tatachilla.sa.edu.au



from the **JUNIOR YEARS**

100 DAYS OF SCHOOL

On Friday 29 July the Year 1s (One-derfuls) celebrated '100 Days of School' by dressing up as grandparents. The children enjoyed dressing up as people from the past and imagining what life was like 100 years ago. We looked at photographs to learn what school and classrooms were like 100 years ago. The classroom was filled with walking sticks, fake beards, slippers, perms and lots of cardigans and glasses. Even Mrs Thelning, Ms Galdes and Mrs Barrey dressed up for the day!

During our HASS (History) Integrated unit, the Year 1s will be inquiring into how 'evidence from the past shows how lives have changed over time'. The children will build on their understanding of the concepts Change and Continuity.

Over the term we will be exploring the past and present and will be examining artefacts and photographs to get an insight into the past. We also hope to interview some people to discover how life has changed over time. The children are going to reflect on how some aspects of daily life have changed over recent times while others have remained the same. We can't wait to see what the children discover!

The One-derfuls have had a wonderful start to Term 3 and are looking forward to a busy but fun term of learning ahead.

Mrs Jayne Thelning and **Ms Catherine Galdes**
YEAR 1 TEACHERS



A LOVE OF WRITING

The Year 2s love to write and look forward to Writer's Workshops. Here our Year 2s reflect on their learning so far:

I love writing books where you can choose what happens.
Remy

I love writing different sentences when writing stories.
Willow

I like to edit to improve my writing. **Zoey**

I love using my imagination. **Charlie Ray**

By writing every day, we get better with our handwriting.
Hudson

I like writing stories that I make up. **Fede**

The children's goal for Writer's Workshop last term was to write an information book about an animal. It was exciting to have Callen from Animals Anonymous show the children a range of animals. Before coming to Tatachilla, he provided a list of animals he would bring to school. The children enthusiastically chose an animal from the list, which included two pythons, a baby squirrel glider, a freshwater crocodile, a tawny frogmouth, a gecko and a goanna.

To learn more about their specific animal, the children read books from the school library and used an online library called EPIC. During the visit, the children asked Callum questions, took photos, and some even videoed parts so they could include additional facts in their information book.

The highlight for the children was sharing information books with their Year 5 buddies and helping them learn more about our beautiful native animals.

Mrs Marlise Gersch and **Mrs Tracey Alderman**
YEAR 2 TEACHERS

from the **ARTS**

AFTER SCHOOL ART CLUB

The after school Art Club will be resuming in Week 3 this term (a change from the initial Week 2 date). Art Club will run from 3.30pm until 5pm for students in Years 7-10. Block one will be clay animals, followed by a painting project.

Please see Mrs Geater-Johnson for information and a permission form: harriet.geater-johnson@tatachilla.sa.edu.au

STUDENT WORK ON THE ART GALLERY OF SOUTH AUSTRALIA WEBSITE

Student projects from Year 8 and Year 11 have been featured on the AGSA Student Gallery website. It is really exciting to see our student work showcased on such a professional platform! Recent projects include an installation that Year 11 students created in response to the refugee crisis and after their visit to the Adelaide Biennale of Art.

To see more works please visit: <https://www.agsa.sa.gov.au/education/agsa-student-gallery/secondary-student-gallery/>

Mrs Harriet Geater-Johnson
ART TEACHER



ALMOND BLOSSOM FESTIVAL

The College Jazz Band performed their first gig of the year at the Willunga Almond Blossom Festival last weekend. We've waited a long time but it was a great opportunity for the students to be performing at a community event.

I was very proud of all the performers, including the soloists with their playing which was very well received. The organisation, efficiency, and assistance that performers demonstrated was admirable. It was fantastic to finally get out into the community and entertain our audience. We are looking forward to more opportunities throughout the year.

UPCOMING EVENTS

MONDAY 8 AUGUST

- Jazz Band workshop with John Morrison, 1pm – 4pm
- Band Evening Concert, 6pm – Bands and students involved in the workshop – Activity Centre

THURSDAY 18 AUGUST

- String Evening, 6pm - Activity Centre

Mr Peter Jewitt
DIRECTOR OF MUSIC



from the
ECO & FIRST NATIONS TEAM

RECEPTIONS AT THE ECOCLASSROOM SANCTUARY

The Reception classes have been enjoying visits to the EcoClassroom Sanctuary this term as per of their unit on Living Things in Our Environment. The children explored the different environments and looked and listened for animals.

We look forward to our youngest students continuing to fall in love with the EcoClassroom Sanctuary throughout their journey at the College as they visit and explore over the years.



ECO-RANGERS PLANTING THE SWAMP

On Thursdays after school we have the EcoRangers program here in the EcoClassroom Sanctuary. A small group of Year 7, 8 and 9 students come down to the sanctuary and surrounding natural areas and get involved with a variety of land care activities. At the end of Term 2 the EcoRangers planted 40 sedge seedlings in the swamp area located outside the Sanctuary at the front of the school. As the sedges grow the plants will provide habitat for native frogs and birds.

Ms Dani Austin
ENVIRONMENTAL EDUCATION COORDINATOR



EcoRangers planting seedlings in the swamp

from the **WELLBEING TEAM**

Welcome back to Tatachilla for Term 3, and if you are new to the College we welcome you and your family to our school community. As many of us struggle through the cold winter, I thought I might offer a quick encouragement that can be useful for both children and adults alike.

MOTION SHIFTS EMOTION

There are times when we all get stuck. Stuck in unhealthy patterns, stuck settling for something we don't really find useful, like scrolling through Instagram or staying up to watch a mediocre TV show or even eating an entire packet of chips!

The phrase 'Motion Shifts Emotion' reminds us that when we are emotionally stuck, doing some kind of movement can help us shift our emotions to a more positive state. It's useful for adults but also works with kids too.

Your feelings can influence your mood and activity. When you feel tired or sad you move more slowly or when you are anxious, you move more quickly. Your feelings can also influence your movement – I know that is true for me in winter. It's more comfortable to stay cosy in front of the fire and tv or with a good book than to go for a walk, head to pilates or go for a bike ride.

According to Dr Srini Pillay from Harvard Medical School, research suggest that "when you change your posture, breathing and rhythm, you can also change your brain", and this therefore reduces stress, depression and anxiety and can improve feelings of wellbeing.

Next time your child doesn't want to move out of their bedroom, get off the computer, leave a Netflix series or get out of bed, try encouraging them to move. Try asking them to help you with a task, or go for a walk, play a game or head out to the shops with you. Encouraging them to physically move, can make a mental shift too which can in turn affect everyone's mood. It isn't always easy to ask a teen to get up and move, however when they do get moving, this often shifts their mood and provides opportunities they would never have had if they stayed put!

It may sound simple, but motion really does shift emotion and it's worth giving that a try at home!

If you would like to chat to either Mike Ebert or Sue Chapman, one of us is available in the Counselling Office from Monday to Friday from 8am – 4pm.

You can reach us by phone or email:

t: 7333 4731

sue.chapman@tatachilla.sa.edu.au

michael.ebert@tatachilla.sa.edu.au

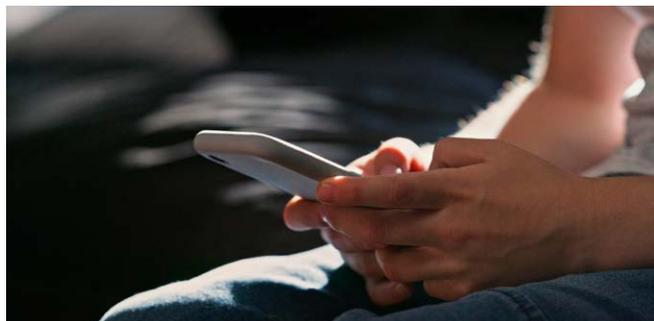
Mrs Sue Chapman and Mr Mike Ebert
COLLEGE COUNSELLORS

SCHOOL TV

SPECIAL REPORT: SEXTORTION - WHAT YOU NEED TO KNOW

You may not be familiar with the term, but 'sextortion' is a form of blackmail where someone threatens to share intimate images of you unless you give in to their demands. It has been an issue for more than a decade, with many adults falling victim to this type of online crime. More recently though, it has been reported that there has been a higher rate of adolescent males falling victim, but that is not to say that young females are not also targeted.

Across the globe, organised criminal gangs are using social media, chat apps, instant messaging platforms and online games to target and connect with their victims. Recently, there has been a 400% increase in this type of crime being reported to police in Australia alone with these figures being replicated in most western countries. Any child that uses an online account to connect on social media, chat apps, instant messaging platforms or online games needs to understand the dangers associated with engaging with random people that they don't know personally. Therefore, it is vitally important for adult carers to be aware of this serious issue and to start having an age appropriate conversation with their young person as early as possible to help protect them from online offenders making demands.



Even though your young person's online account may be set to private, random people can still message your child. Managing devices can be difficult especially with older teens, but it is important to weigh up the risks and dangers. Sadly, even good kids who never make a poor decision elsewhere in their life, can and do make poor choices online.

This Special Report explains how your young person can fall victim to such a crime and what action to take to support them. We hope you take a moment to reflect on the information offered, and as always, we welcome your feedback. If this raises any concerns for you, a loved one or the wellbeing of your child, please seek medical or professional help.

Special Report https://tatachilla.sa.schooltv.me/wellbeing_news/special-report-sextortion

Mrs Sue Chapman and Mr Mike Ebert
COLLEGE COUNSELLORS

from the SPORTS FIELDS

SSSA BOYS SOCCER TEAM

On Friday 29 July the Open Boys played Victor Harbor in their next knockout round at Tatachilla.

Apart from a northerly breeze the conditions were pretty much perfect. (Thanks to the wonderful Tatachilla groundsmen for preparing such a good pitch).

Tatachilla won the toss and kicked with the breeze in the first half. In a tight first 15 minutes neither side could create any effective chances. It looked pretty tight with both midfields struggling to find that breakthrough move.

With a superb through ball and an excellent finish Tatachilla broke the deadlock in the 16th minute. At the 30 minute mark we had found the net three more times to hold a 4 – nil advantage and by halftime we held a 6 – nil advantage.

The second half ran its course with regular scoring opportunities mainly created by the home team. With five minutes to go our goalie went for a run to try to score in free play after scoring a penalty early in the half. The ball was cleared and Victor scored with our goalie still at the halfway line (11 – 1).



With regular substitutions throughout the 2nd half, the game finished with Tatachilla 12 and Victor Harbor 1.

All played well and it was great that Darren Vile gave up some of his leave time to manage the team.

Mr David Warman
ASSISTANT COACH

YEAR 7/8 BOYS BASKETBALL TEAM

On Thursday 16 June the Year 7/8 Boys' Basketball team competed in an interschool competition held at Southern Tigers Basketball Stadium. The nine-player team was hand selected from a group of 27 students who tried out. These individuals showed an ability to play basketball, to listen, to organise themselves, and most of all to come together and promote healthy team basketball.

Unfortunately, on the day we finished up with a losing record, however I cannot say that the team was ever defeated. They finished every game with passion and tenacity that deserves praise and embodied the quote *"I've never lost a game; I just ran out of time"* – Michael Jordan.

It is my honest belief that with more time and reps this team could have come out on top. Thank you to all the athletes who come out to play:

Axle Dutton, Franklin Maung, Max Gregor, Max Jenkins, Sebastian Armstrong, Seth Saunders, Zachary Fisher, Zeke Tucker and a special spot for my MVP... **Lincoln Hammett.**

Mr Steed Carter
BASKETBALL COACH



Year 7/8 Boys' Basketball Team

from the SPORTS FIELDS

YEAR 7-9 GIRLS FOOTBALL

Well done to the Year 7-9 Girls' Football Team who took part in SSSA Football on Tuesday 26 July. With a few key players missing it made for a very difficult few games for the girls to play.

The girls played their very best in the first game but went down in the end; Nuriootpa 7 4 46 to Tatachilla 2 0 12.

In the second game we came up against St Michael's. The girls put in an awesome effort but went down 8 7 55 to Tatachilla's 1 1 7.

Well done to all for making it to the second round of this competition.



Year 7-9 Girls' Football Team

STATE CROSS COUNTRY

Congratulations to **Mali Lovett**, Year 9, who has made the Years 13 to 19 Cross Country State Team. Mali is very excited about this opportunity and has been working hard to reach this goal.



Mali Lovett, Cross Country State Team

SOCCER ACADEMY TRIP

During the school break four Tatachilla students went on a trip with their Soccer by Design Academy team members to Spain to train and compete with SIA Academy Soccer teams. Students **Bailey Avis, Jordan Avis, Fletcher Armstrong** and **Connor Mair** went to Valencia and Madrid during their 10 day trip.

They were trained by top Spanish coaches and joined in with the Academy SIA teams training sessions. They had classroom sessions on video analysis, methodology of coaching, fundamental movements, day trips to the local lagoon to wind down and have some fun, bike rides, and more.

They also did 7am morning gym sessions and stretching, followed by afternoon training sessions with their coaches Lewis Bridle and Mitch Nicholson. They enjoyed swim sessions in the SIA pool to cool off with daily temperatures between 32-40C. They played in some tough conditions.

They had morning and evening games against the SIA U14 team camp players and learnt what it takes to be a professional soccer player. It was a fabulous trip with a great education in soccer and what it takes to go to the next level.



Students at the Soccer Academy, Spain



A Tatchilla world class education,
in the heart of McLaren Vale.

Enrol now for 2023 and beyond.

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RECEPTION - YEAR 12
tatchilla.sa.edu.au



Class of 2002 20 year reunion

 **TATCHILLA**
lutheran college

Tatchilla Lutheran College warmly invites the Class of 2002 to attend the Tatchilla Lutheran College Old Scholars 20 Year Reunion.

Friday 21 October 2022 | 5.00pm - 8.30pm | College Gymnasium

\$30 per ticket | champagne on arrival | gourmet cocktail food
College tour | alcoholic and non-alcoholic beverages

Bookings essential by Monday 17 October:
<https://events.humanitix.com/20-year-old-scholars-reunion>

Further information: Ms Sally Moran: sally.moran@tatchilla.sa.edu.au | 8323 9588

calendar DATES

Term 3 Week 3

Monday 8 August

Incursion: Jazz Workshop & Concert

Monday 8 - Friday 12 August

Year 5 Swimming

Monday 8 - Thursday 11 August

2023 VET Interviews

Tuesday 9 August

College Tour, 9:30am

Incursion: Yr 6 Environment Leaders Program

7-12 Assembly, 8:50am

Thursday 11 August

R-12 Photo Day 2

JS Chapel, 9:30am

Friday 12 August

7-12 House, 8:40am

Excursion: 7-12 Netball-SUNA

Term 3 Week 4

Monday 15 - Friday 19 August

Australian National Science Week R-12

Monday 15 - Tuesday 16 August

2023 VET Interviews

Tuesday 16 August

7-12 Chapel, 8:50am

7-8 Touch Football, City Touch Grounds

Thursday 18 August

JS Assembly, 9:00am

R-12 Photo Catch Up Day

Friday 19 August

7-12 House, 8:40am

Term 3 Week 5

Monday 22 - Friday 26 August

CBCA Book Week

Tuesday 23 August

R-12 Assembly 8:50am

Thursday 25 August

JS Chapel, 9:00am

Friday 26 August

7-12 House, 8:50am

TERM DATES >

<https://www.tatachilla.sa.edu.au/news/term-dates>

COLLEGE CALENDAR >

<https://www.tatachilla.sa.edu.au/news/college-calendar>



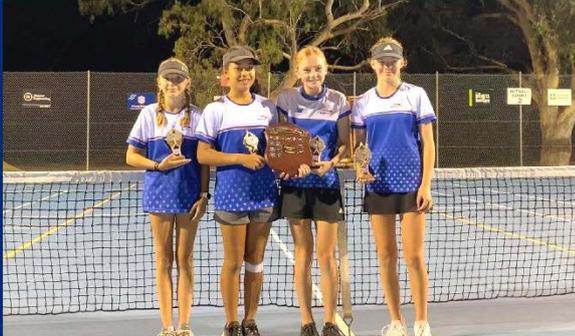
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COMMUNITY NOTICES



MCLAREN VALE TENNIS CLUB



COME TO OUR OPEN DAY!

2-4 PM SUNDAY 21 AUGUST 2022

ALL AGES AND ABILITIES WELCOME!
ON COURT ACTIVITIES
MEET THE COACH
FREE SAUSAGE SIZZLE



CONTACT ADAM FONFE FOR MORE INFO : 0478 214 362

FRIENDLY COLLEGE CAT LOOKING FOR A RETIREMENT HOME

10 years ago a cat turned up at the Maintenance sheds of the College. She has had a long happy life with the Property Services team but is now looking for her retirement home. She is very friendly and loves pats. She is in good health, but a little older and slower.

If you could give a retirement home to our cat, please contact Dani Austin for more details:

dani.austin@tatachilla.sa.edu.au




**MCLAREN DISTRICTS CRICKET CLUB
JUNIOR CRICKET**

WE ARE GETTING READY FOR A
SUMMER FULL OF CRICKET!

ALL AGES

REGISTER TODAY
U16 U14
U12 U10
WW BLAST FROM AGE 5

**U16 boys Cricket
PLAYERS WANTED!**
Get your mates!

*Girls Cricket this season!
Be part of the first
ALL GIRLS team*



Register at www.playhq.com



juniors@mclarendistricts.org.au



@McLarenJnrCricket





**MCLAREN DISTRICTS CRICKET CLUB
JUNIOR
CRICKET
GIRLS**

October 2022

SHORT FAST PAGED GAMES
ALL PLAYERS GET TO
BAT AND BOWL
EQUIPMENT PROVIDED
ALL SKILLS WELCOME!

Bring your mates and be part of the *first*
ALL GIRLS team

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**GIRLS
CRICKET
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